



**School Information:**

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**Nutrition Tip:** Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate

### Monday



### Tuesday

**Additional choices available daily:** yogurt + granola, cold cereal such as Cheerios, Cinnamon toasters, and more!

### Wednesday

**WINTER BREAK**

### Thursday

**WINTER BREAK**

### Friday

**WINTER BREAK**

Coffee Cake

6

Chocolate Muffin

7

Bagel w/cream cheese

8

French Toast Sticks  
w/syrup

9

Glazed Donuts

10

Coffee Cake

13

Chocolate Muffin

14

Bagel w/cream cheese

15

French Toast Sticks  
w/syrup

16

Glazed Donuts

17

**HOLIDAY**

20

Chocolate Muffin

21

Bagel w/cream cheese

22

French Toast Sticks  
w/syrup

23

Glazed Donuts

24

Coffee Cake

27

Chocolate Muffin

28

Bagel w/cream cheese

29

French Toast Sticks  
w/syrup

30

Glazed Donuts

31